## Installation Instructions Set #16-3106 & 16-3110



1131 VIA CALLEJON, SAN CLEMENTE, CA 92673

1. Properly support the vehicle on the frame.

2. Unbolt the upper control arm and pivot bushing assembly from the vehicle. Unbolt the upper control arm from the pivot bushing assembly (Note the position of the pivot assembly as you must reassemble them the same way.).

3. Remove the rubber bushing and shells from the pivot bushing assembly. A hydraulic press will be needed. Clean the pivot bushing assembly and lubricate the inside of the barrel. Grease all sides of the bushing that contact metal. Press in the Energy Suspension bushing from each side. Grease and install the sleeve. See diagram.

4. Reassemble and reinstall the upper control arm assembly onto the vehicle.

5. Remove the lower control arm.

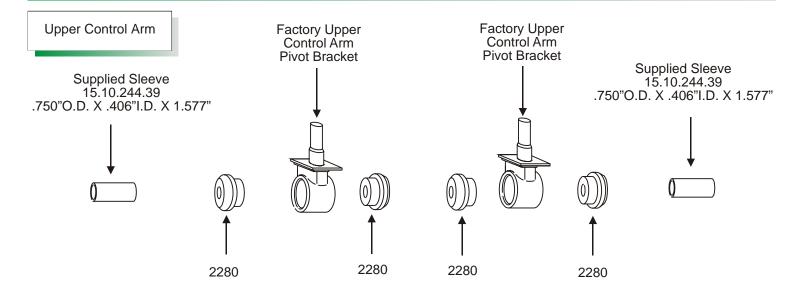
6. Press out the inner control arm bushing including it's shell from the control arm.

7. Grease the I.D. of the lower control arm (where the shell was). Grease the Energy Suspension bushing. Grease all sides of the bushing that contact metal.

8. Install the bushings. There are three bushing for this location. Two will be the same and one is different. Install the bushing with the flange first then install the bushing without the flange next. Install the remaining part. Grease the sleeve and install the sleeve.

9. Reassemble the control arm onto the vehicle. Tighten all fasteners to factory specs.

10. Perform a complete wheel alignment after completion of work.



 Set#
 Bushing "A"
 Supplied Sleeve

 16-3106
 2294
 15.10.224.39 (.750"O.D. X .480"I.D. X 2.225")

 16-3110
 2306
 15.10.302.39 (.750"O.D. X .480"I.D. X 2.040")

Bushing Bushing Factory Supplied "A" 3289 Factory Nut Bolt Sleeve 0) DO NOT REMOVE THIS BUSHING! This bushing is supplied Factory in set # 16-8106 Lower Control Arm **Lower Control Arm** 

It is recommended that a factory service manual be purchased prior to performing any work on your car or truck.

## Other Energy Suspension Sets Available for this vehicle:

16-8106 Front shock bushing set 16-7103 Front strut bushing set 16-13102 Balljoint boot set 9-13103 Tie-rod boots

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