Installation instructions For set # 16.3122 06-11 Honda Civic SI Front Control Arm Bushings



1131 VIA CALLEJON, SAN CLEMENTE, CA 92673

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It is recommended that if you are unfamiliar with this type of work that you refer to a qualified service center specializing in this type of work. It is also recommended that if you choose to do this work yourself that a factory service manual be obtained for the proper procedures pertaining to removal, replacement and proper torque specifications for your vehicle. This instruction set is intended as a guideline for the safe installation of Energy Suspension's polyurethane bushings, once you have removed the factory components from your vehicle. Wheel alignment is almost always disturbed when suspension components are removed or replaced. It is recommended that you have the alignment checked on your vehicle at a qualified alignment shop. Energy Suspension recommends that you read over all the installation instructions and check all P/N's and quantities in the parts list before you start. Call customer service at 949-361-3935 if the parts in your kit do not match this parts list. Prior to installation, make sure that your car is in excellent mechanical condition and that there are no suspension or steering related problems. This part has been designed to work only with a car that is in good state of repair. No matter how carefully we design our parts, this is one area we have no control over and cannot be held responsible.

Parts list: 16.3122

4 ea 02P02931 (Horizontal bushing).

2 ea 15.10.690.39 (1.000" O.D. x .500" I.D. x 2.125" LG. (sleeve for horizontal position).

2 ea 3419 (Vertical bushing).

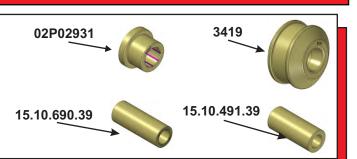
2 ea 15.10.491.39 (1.000" O.D. x .563" I.D. x 2.480"LG. (Sleeve for vertical position).

1 ea 9.11107 (Formula 5 Prelube).

1 ea 17P17618 (Instruction sheet).

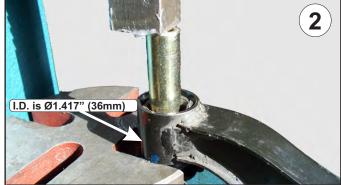
O.D. Smaller than Ø2.543'

I.D. Bigger than Ø2.543"









I.D. of rear horizontal position is Ø1.417". Using a arbor press, properly support control arm and slowly push out the rubber bushing with bonded inner metal sleeve. Remove all sharp edges from I.D. Apply grease to all metal parts that will contact the new polyurethane bushings.



I.D. of front vertical position is Ø2.543" (64.5mm). Using a hydraulic press, properly support control arm and slowly push out the rubber bushing with bonded outer metal casing.