Installation instructions
For set # 5.3118
Front control arm bushings

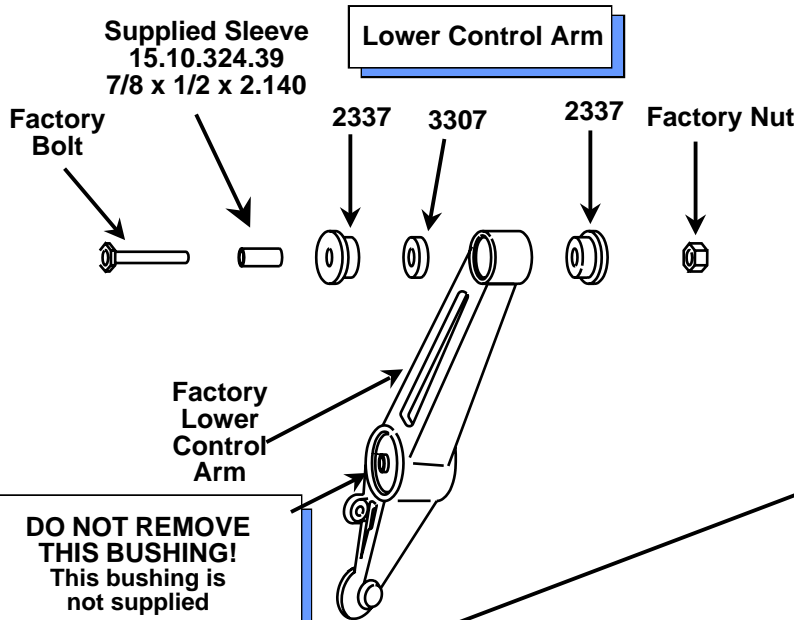**ENERGY SUSPENSION**®
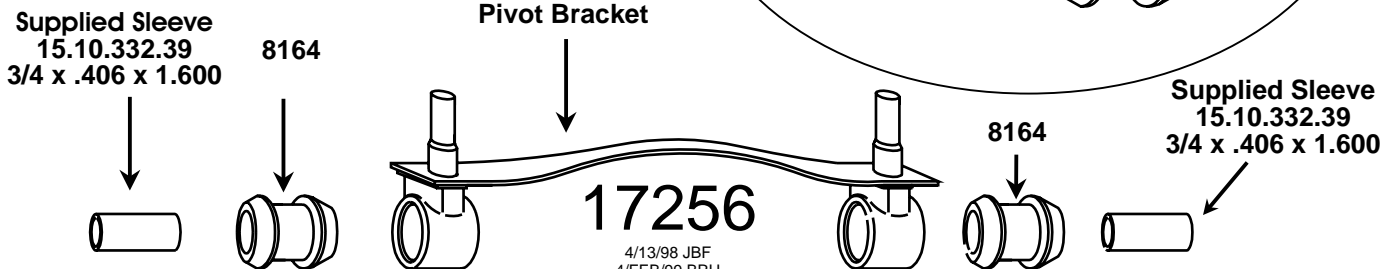
1131 VIA CALLEJON, SAN CLEMENTE, CA 92673

It is recommended that if you are unfamiliar with this type of work that you refer to a qualified service center specializing in this type of work. It is also recommended that if you choose to do this work yourself that a factory service manual be obtained for the proper procedures pertaining to removal, replacement and proper torque specifications for your vehicle. This instruction set is intended as a guideline for the safe installation of Energy Suspension's polyurethane bushings, once you have removed the factory components from your vehicle.

1. Properly support the vehicle on the frame.
2. Unbolt the upper control arm and pivot bushing assembly from the vehicle. Unbolt the upper control arm from the pivot bushing assembly.
3. Remove the rubber bushing and shells from the pivot bushing assembly. A hydraulic press will be needed. Clean the pivot bushing assembly and lubricate the inside of the barrel. Grease all sides of the bushing that contact metal. Press in the Energy Suspension bushing.
4. Reassemble and reinstall the upper control arm assembly onto the vehicle.
5. Remove the lower control arm.
6. Press out the inner control arm bushing including it's shell from the control arm.
7. Grease the I.D. of the lower control arm (where the shell was). Grease the Energy Suspension bushing. Grease all sides of the bushing that contact metal.
8. Install the bushings. There are three bushing for this location. Two will be the same and one is different. Install the bushing with the flange first then install the bushing without the flange next. Install the remaining part. Grease the sleeve and install the sleeve.
9. Reassemble the control arm onto the vehicle. Tighten all fasteners to factory specs.
10. Perform a complete wheel alignment after completion of work.

Lower Control Arm

Supplied Sleeve
15.10.324.39
7/8 x 1/2 x 2.140

Factory Bolt

2337   3307   2337   Factory Nut

Factory Lower Control Arm

DO NOT REMOVE THIS BUSHING!
This bushing is not supplied

Other Energy Suspension Sets Available for this vehicle:

5.8103	Front shock bushing set (uppers only)
5.3119	Rear end control arm set
5.8104	Rear shock bushing set (uppers only)
5.1102	Manual trans. shifter stabilizer set
5.5130	19mm. front sway bar set
5.5132	18mm. front sway bar set
5.5133	16mm. front sway bar set
5.5145	12mm. rear sway bar set
5.5146	15mm. rear sway bar set
5.5147	18mm. rear sway bar set

UpperControl Arm

Supplied Sleeve
15.10.332.39
3/4 x .406 x 1.600

8164

Factory Upper Control Arm Pivot Bracket

17256

8164

Supplied Sleeve
15.10.332.39
3/4 x .406 x 1.600

4/13/98 JBF
4/FEB/99 BRH
Updated 25/OCT/04 BRH