

# INSTRUCTION SHEET FOR SET #7-1110

Read this instruction sheet thoroughly before initiating any work!

**ENERGY  
SUSPENSION®**

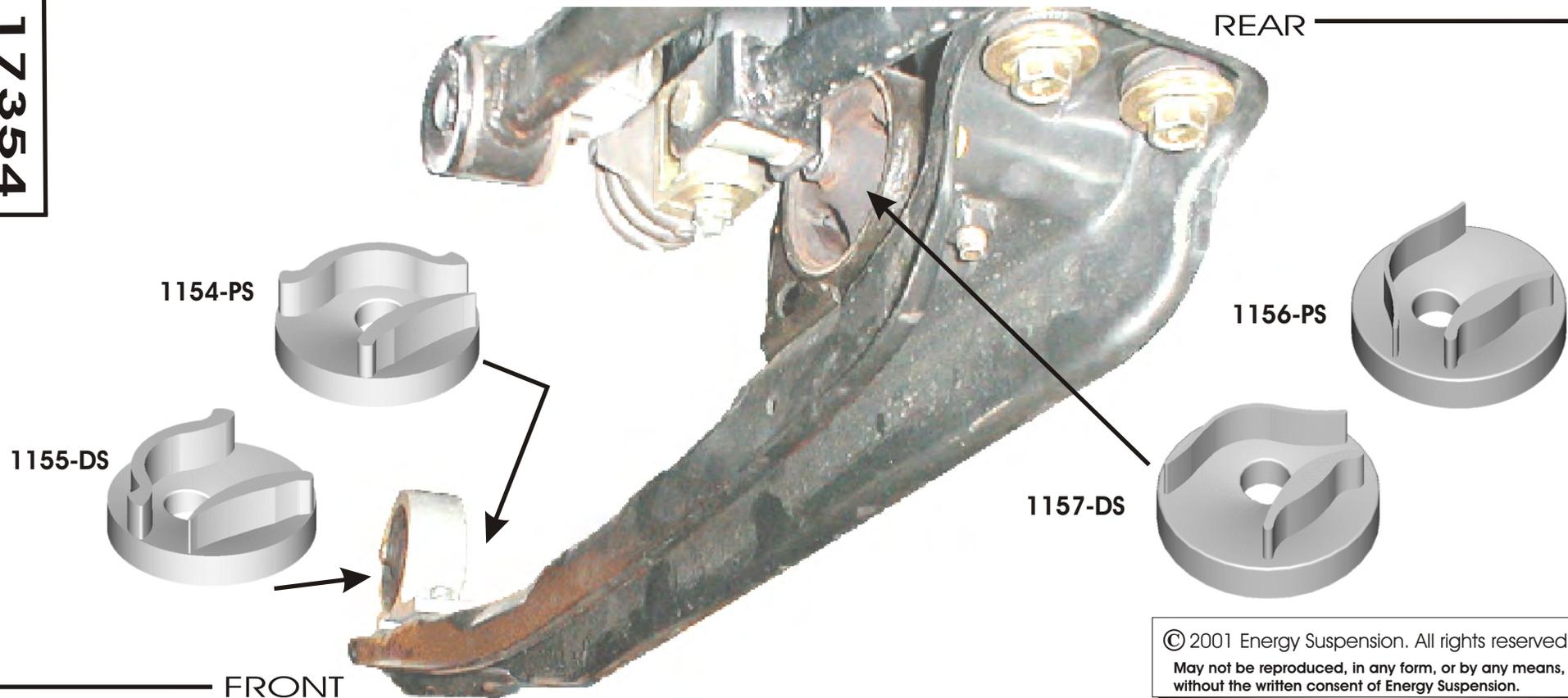
1131 VIA CALLEJON, SAN CLEMENTE, CA 92673

Raise vehicle to suitable height and support properly to allow easy access to the engine mounting locations.

**NOTE: BE SURE VEHICLE IS SECURELY SUPPORTED BEFORE PROCEEDING.**

- ① Support the engine enough to remove load from the torque mounts.
- ② Loosen the front two bolts on subframe, loosen the thru bolt for the torque mount. Remove thru bolt for rear mount and remove two bolts for subframe, this allows the subframe to swing down and you can now install the Energy Suspension® inserts. Reinstall the two subframe bolts and the thru bolt but do not tighten yet.
- ③ Now remove the front torque mount thru bolt and two front subframe bolts, tilt subframe down and install Energy Suspension® inserts. Reinstall the two subframe bolts and the thru bolt.
- ④ Tighten all bolts to factory specifications.

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